

# *Sacred Dance Evening with Live Music*

*Traditional Ritual Dances  
from Greece, Armenia, the Balkans & Asia Minor  
which emphasise transformation & change*

*with Laura Shannon  
& Kostantis Kourmadias*



*Saturday 30 January, 2010  
7-10 p.m. at Rose of the Heart*

*Bag End, Pineridge, The Park*

*Cost: Sliding scale £15-20 (Lets & Ekos welcome)  
Open to all women and men with dance experience*

*Places are limited - booking is essential*

*Contact Laura on 01309 690198 or [laura@laurashannon.net](mailto:laura@laurashannon.net)*